

#### **ASTEC Comets' Tale Newsletter**

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# ASTEC Middle / High School COMETS' TALE NEWSLETTER

March 27, 2024



## Chocolate Festival

Thursday, March 28th 6:00-8:00 PM ASTEC High School Mall Atrium and Auditorium 2401 NW 23rd Street, Entrance B, Oklahoma City, OK 73107

The very popular 24th Annual ASTEC Art and Chocolate Festival is Thursday, March 28th, from 6:00 - 8:00 PM in the high school mall atrium and auditorium.

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Explore a variety of chocolate treats for sale, bid on more than 30 themed baskets at our silent auction, and explore and purchase original art from ASTEC scholars.

Cash-only tickets available at the door. (1 Ticket = 7 treats) Children 3 and under - Free Children/Scholars 4 to 18 - \$3 Adults - \$5

Don't miss out on this sweet event!

LEER EN ESPAÑOL



## Easter Break

ASTEC schools and offices will be closed for Easter Break Friday, March 29th. Normal hours will resume Monday, April 1. Best wishes for a fun and safe long weekend!

Las escuelas y oficinas de ASTEC permanecerán cerradas por vacaciones de Semana Santa el viernes 29 de marzo. El horario normal se reanudará el lunes 1 de abril. Les deseamos un feliz y seguro fin de semana.



## New Middle School Counselor

Welcome Ms. Evelin Alvarado, the new ASTEC Middle School Counselor! Ms. Alvarado graduated from the University of Oklahoma (OU) with a Bachelor of Arts in Social Work. In her prior position she worked with Oklahoma City Public Schools at after-school and summer youth programs.

After graduating from OU, Ms. Alvarado served as program director for a local youth-led immigrant rights nonprofit, where she managed an education justice team. Later, she served unhoused youths as a case manager.

Ms. Alvarado is passionate about working with youth and filling in socioemotional and academic gaps where needed. She aims to collaborate with parents, earn their trust, and solve problems together!

In her spare time, Ms. Alvarado is an avid reader! She loves a good memoir or nonfiction read. She enjoys making art through several mediums, such as painting, drawing, and digital art.

Ms. Alvarado's goal is to help parents and scholars navigate all needed for a successful middle school experience and beyond.

#### LEER EN ESPAÑOL



## ASTEC Middle School Spring Fling Dance

April 5th - 6:00 - 8:30 p.m. ASTEC High School Multipurpose Room \$3 in advance - \$5 at the door

Tickets for sale every morning in the cafeteria.

Have fun with other middle school students dancing and celebrating spring!

#### LEER EN ESPAÑOL



## Attention 8th Graders! STUCO Needs You!

Are you an ASTEC 8th-grader who wants to learn more about leadership and giving back? If so, consider applying to the 2024-2025 ASTEC Student Council!

- Leadership Opportunities
- Make Lasting Friendships
- Make a Difference in Your School

The application deadline is Friday, March 29th. Applications are available in Mr. Silvey's room P02.

#### LEER EN ESPAÑOL



## **Junior/Senior Prom**

ASTEC juniors and seniors mark your calendars for the 2024 Junior/Senior Prom Dripping in Luxury!

#### Saturday, April 27th

7:00-11:00 p.m. Credit Union House of Oklahoma 631 E Hill St, Oklahoma City, OK 73105

Tickets Go on Sale April 2! \$40 per person

Tickets may be purchased from Ms. Dormiani in the College and Career Center in room CCC #3 or from Mr. Askari in high school room H-10.

#### LEER EN ESPAÑOL



## ASTEC Spring Show - "Big Bad"

April 24 & 25 6:00 - 6:30 p.m. Free Admission ASTEC High School Auditorium 2401 NW 23rd Street, Entrance B, OKC

Snacks for Sale - Cash Only

The ASTEC spring dramatic show, "Big Bad," written by Alec Strum and presented by the ASTEC Drama Club, is about the Big Bad Wolf going to trials for his crimes against other fairytale creatures such as the Three Little Pigs, Little Red Riding Hood, the Boy Who Cried Wolf, and more.

In the play, everyone tells their side of the story to convince the judge and jury to believe them, but is the wolf guilty, or have the victims come up with a tall tale?

Come out and support the middle/high school cast! You won't want to miss this fun play.

#### LEER EN ESPAÑOL



## Blood Drive

Did you know that every 2 seconds, someone in the U.S needs a blood donation? You can do your part on **Friday, April 12th** during ASTEC's Blood Drive!

Scholars 16 years or older are eligible to donate! Pick up your permission slips and sign up for a time slot in the high school office. Donors will get a free t-shirt and a ticket to the OKC Zoo!

LEER EN ESPAÑOL



## Get Ready for ASTEC Wellness Week!

## Mental Health Awareness Week

April 23 - 26

- Globally, one in seven 10-19-year-olds experiences a mental disorder, accounting for 13% of the global burden of disease in this age group.
- Depression, anxiety and behavioral disorders are among the leading causes of illness and disability among adolescents.
- Suicide is the fourth leading cause of death among 15-29 year-olds.
- The consequences of failing to address adolescent mental health conditions extend to adulthood, impairing both physical and mental health and limiting opportunities to lead fulfilling lives as adults.

ASTEC takes scholars' mental health seriously. During Mental Health Awareness Week, ASTEC scholars will have fun dressing up for themed days while learning more about mental health and positive coping skills.

#### Tuesday - Comfort Character Day

Embrace the joy of nostalgia and self-expression by dressing as your favorite cartoon or book character, fostering a sense of belonging and comfort during Wellness Week.

#### Wednesday - Super Hero Day

Unleash your inner superhero as we celebrate resilience and strength in facing life's challenges for Mental Health Awareness Week. Wear super hero shirts or costumes.

#### Thursday - Music Day

Express yourself through the power of music by dressing as your favorite artist, album, or genre, fostering a sense of community through shared passion. Wear full costumes or musician merch.

#### Friday - Green Day\*

Green is the color for Mental Health Awareness. ASTEC scholars will raise awareness by wearing green (shirt / accessories / etc).

\*STUCO will give out free green ribbons for scholars to wear as they enter the building.

NOTE: No jeans allowed any day.

#### LEER EN ESPAÑOL



## Middle/High School Clubs

ASTEC offers many fun activities for scholars. Consider joining one or more of these awesome clubs! All the clubs meet from 4:00 - 5:00 p.m., except for the Drama Club which meets from 4:00 - 5:30 p.m.

Interested scholars should see Coach Frederick in room H-28 or see the sponsor listed below.

#### <u>Tuesdays</u>

Chess Club - Middle & High School - Mr. Haught - High School Room H-14

Math Club - Middle School - Ms. Rahimi & Mr. Chin - Middle School Room M-13

#### Wednesdays

Art Club - High School - Ms. Morgan - High School Room H-26 Drama Club - Middle School - Ms. Sena - High School Room HO-13 Healthcorp Club - High School - Mr. Macias - High School Room H-04

#### **Thursdays**

Drumline - Middle & High School - Mr. Jones - High School Room HO-16 Dance Club - Middle School - Ms. Bailey - Middle School Room M-27 Technology Club - High School - Ms. Renaud - High School Room H-01 Book Club - Middle School - Ms. Rice - Portable Room P-03 Science Club - High School - Ms. Deal - High School Room H-16

#### Fridays STEM Club - Middle School - Mr. Parsons - High School Room HO-12

#### LEER EN ESPAÑOL



### **Uniform Closet**

#### Donate a Uniform

As your children outgrow their school uniforms, please consider donating them to the school for the clothes closet.

The clothes closet serves families who are in financial need of assistance or for students who may have an accident while at school.

All sizes from 3T to adult medium are needed.

#### Need a Uniform?

ASTEC has gently used uniforms in various sizes that are available free of charge to students experiencing financial hardship.

If you need a uniform for an ASTEC scholar call the ASTEC Middle School at 405-947-6272\*. Follow the prompts to the middle school and ask to speak to Ms. Alvarado, the middle school counselor or Ms. Russell, the dean of student success. You may also email <u>MSCounselor@astec-k12.com</u> or <u>DeanofStuSuccess@astec-k12.com</u>.

\*(Spanish speakers are available to speak with anyone needing translation services.

#### LEER EN ESPAÑOL

food pantry program



### Food Pantry

ASTEC Charter School is happy to partner with The Regional Food Bank of Oklahoma to provide food, available upon request, on an as-needed, one-time or all-school-year basis. The ASTEC food pantry program is coordinated by ASTEC's school counselors.

Scholars may take home a backpack filled with food on Friday for the weekend and parents or guardians may request to pick up food from the middle school on Monday for the week.

The elementary school has a special snack program in addition to the food pantry program.

Please fill out <u>this form</u> and be sure to include the grades for each child in your home and someone will be back in touch with you as soon as possible. Thank you!

#### FOOD PANTRY SIGN-UP FORM

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FORMULARIO DE INSCRIPCIÓN

## Scholars of the Month



## FEBRUARY 2024 SCHOLARS of the month

ASTEC MIDDLE SCHOOL ASTEC HIGH SCHOOL



## TWELFTH GRADE

Stephanie Estrada Osvaldo Ochoa

**ELEVENTH GRADE** Ana Rivera Sanchez

Melvin Paz

## TENTH GRADE

Ariel Santillan Alex Lopez

## NINTH GRADE

Annie Aaron Juan Ramos

## EIGHTH GRADE

Lizbeth Quilpas Yerry Jasso

## SEVENTH GRADE

Yerry Jasso Adrian Robles-Mascote

SIXTH GRADE Aralynn English Rodrigo Hernandez

Congratulations to the ASTEC Middle/High School February Scholars of the Month! Awesome job scholars!

¡Felicidades a los becarios del mes de febrero de ASTEC Middle/High School! ¡Buen trabajo!

## **Important Dates**

Chocolate Festival

March 28

March 29 Easter Break - No School

April 23 - 26 Wellness Week Spirit Days April 5 Spring Fling Middle School Dance

April 24 & 25 "Big Bad" ASTEC Drama Club Play

April 27

April 12

Blood Drive

May 16

May 17

Senior Robing Ceremony

8th Grade Promotion

May 17

May 19 Senior Graduation May 27 Memorial Day

Scheduled Last Day of School

## ASTEC Middle/High School Spelling Bee Highlights



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